

## Dr. Shamshiri's CV – updated: April 2009

### Hourieh Shamshiri - Milani

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**Sex:** female

**Birth day:** 1956/5/20

**Birthplace:** Tabriz-Iran

### Education:

- 1992-1993: Tehran University( Master of Public Health)
- 1983-1987: Shaheed Beheshti University of Medical Sciences and Health Services (residency of Obstetrics & Gynecology).
- 1974-1982: Shaheed Beheshti University of Medical Sciences and Health Services (Medical Doctor)

### Work experiences:

- 1997- present: Personal Clinic(Obstetrics &Gynecology), Tehran (part time)
- 1993- present: Assistant Prof. of Health & Social Medicine Department of Medical Faculty of Shaheed Beheshti Medical Sciences University, Tehran.
- 1990-1996: Najmieh hospital (as Specialist of Obstetrics & Gynecology).
- 1990-1996: Ministry of Health. Deputy to General Director of Family Planning, Director of Safe motherhood and Population
- 1990-1993: Assistant Prof. Ob. & Gyn. Depertment( Mahdieh Hospital), Tehran
- 1983-1987: Residency: Surgery & Gynecology, Obstetrics, Taleghani, Loghman & Imam Hussein Hospitals, Tehran.

- 1982-1983: General Practitioner, Rural Center of Health Services (P.H.C.) Azerbaijan province of Iran.

### **Other work-related experiences:**

- 2009: member of research committee of Reproductive & infertility Health research center
- 2008: member of “STD in women” technical committee of preparing guideline ( for DIC centers)
- 2006: member of Adolescence and youth technical committee in Ministry of Health
- 2004: member of Advocacy committee (UNFPA- Ministry of Health...)
- 2004: member of Textbook Editing Committee for reforming in medical education( Shahid Beheshti Medical Sciences University)
- 2004: acting chief executive (FPA-IRI)
- 2002: member of Evaluating Committee for Gender and Reproductive Health Training manual (Women Participatory Center)
  
- 2000-present: Tehran Province Health Council (as representative of F.P.A.I.R.I.)
- 2000+2001: cooperation with policy making and programming center of Ministry of Health and Medical Education
- 2000: member of Committee for Revising Population and Family Planning curriculum in Ministry of Health and Medical Education
  
- 1998: member of Revising Committee on Medical Education
  
- 1998: member of “1 Practitioners Continuous Education Committee (Shaheed Beheshti Medical ...University)
- 1994-present: Vice President of Family Planning Association of Iran(N.G.O)
  
- 1994: Founding member of Family Planning Association (FPA-IRI)(member of International Planned Parenthood Federation)
  
- 1993: Founding member of Committee for Reduction of Maternal & Neonatal mortality (Ministry of Health)
  
- 1993: Founding member of preventing and early diagnosing of women's cancers (Ministry of Health)
  
- 1993: member of Family Planning Technical Committee (Ministry of Health)
  
- 1993: Founding member of Elderly committee & their health needs

(Ministry of Health)

- 1993: Founding member of Adolescence Health (Ministry of Health)
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### **Research:**

- 2007-2010 Role of Health Volunteers and female Behvarzea in Health and Empowerment of Women
- 2007 Induced Abortion( editorial article in Pajouhesh dar Peseshki)
- 2007: Ecstasy pills usage in girl students in Tehran(as the chairperson of the dissertation committee)
- 2006: NGOs and Health
- 2005: Mother's Right to life, a medical approach to abortion
- 2003: Effect of weaning on child development in Damavand (as the chairperson of the dissertation committee)
  
- 2001: Determining the women's most common reasons to consult the Gynecology Clinic (as the chairperson of the dissertation committee)
  
- 2000: the reasons of couples tendency toward using the method of coitus interrupts for Contraception (as consultant of the dissertation committee )
  
- 1998: Determining the family planning methods usage in rural and urban Health centers of Damavand (as the chairperson of the dissertation committee)
  
- 1998: Growth and development of boy adolescents in the west of Tehran(as consultant of the dissertation committee)
  
- 1996: Adolescence and Reproductive Health needs (a rural study)
  
- 1995: Effect of postpartum education on the family planning programs (as the chairperson of the dissertation committee)
  
- 1993-1995: the relationship between spouses occupation & Hydatidiform Mole (as the main researcher)
  
- 1993: Effect of menstruation process Education to Mash had high school girls on primary dysmenorrheal pain (as consultant of dissertation committee)
  
- 1993: Comparison between two methods of Education on Oral Contraceptive methods on Contraceptive usage(as consultant in the dissertation)

Committee)

## **Publications:**

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- 2007: abortion, Family Planning Association Publication
- 2007: abortion( editorial article of Pajoohesh dar Pezeshki journal)
- 2007 text “Health assessment” for reform in medical education ( team work)
- 2007: guideline” General Surgary” for reform in medical education ( team work)
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- 2006 text” Reproductive system“for reform in medical education ( team work)
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- 2005: Mother’s Right to life, a medical approach to abortion( Medical Journal of Reproduction & Infertility, vol: 6-issue 4-Autum 2005)
- 2005 text “ Early patient contact” for reform in medical education ( team work)
- 2005: Girls Adolescent’s Health , Family Planning Association Publication
- 2005 Boys Adolescent’s Health , Family Planning Association Publication
- 2005: Marriage counseling, Family Planning Association Publication
- 2005: Maternal Health, Family Planning Association Publication
- 2005: Family planning, Family Planning Association Publication
- 2005: Emergency Contraception, Family Planning Association Publication
- 2005: Sexual Health of childhood, adolescence and youth, abstract journal of “Sexual Health in Fertility and infertility seminar “
- 2004: the article of “women, health and development “in “ women and development” book, Shahid beheshti university, under publication
- 2004: the chapter of “ Adolescents Health” in “Public Health Textbook”, Ministry of Health and Medical sciences, Iran
- 2004: the chapter of “ Safe motherhood” in “Public Health Textbook”, Ministry of Health and Medical sciences, Iran
- 2004: the comparison of vaginal delivery and cesarean section in jame jam ( news paper of broadcasting Television an Radio)

- 2003: abstract of “Health ,its dimensions and the position of abortion regarding health, abstract journal of “ different aspects of abortion seminar”
- 2002: the Health of Puberty (a guide for safety of young women ,2nd edition, Tehran ,Saz va Kar publication press
- 2002: Mother’s Health, 1<sup>st</sup> & 2<sup>nd</sup> edition, Tehran, Talaieh publishing press
- 1998-2002: Editor of FPA-IRI bulletin
- 1999: Reproductive Guidance for young spouses published by F.P.A.(a team work)
- 1999: “women and Tampering” (Pezeshki Emrooze Journal)
- 1999: Educational Modules for Improving the Family Planning Services for Behvarses and PHC experts published by FPA-IRI (a team work)
- 1997: Mother’s Health, Tehran, Mothers publication press
- 1997: "Islam and Family planning" Family Health, journal of Family Planning Association, No:8(29-32)
- 1997: the Health of Puberty (a guide for safety of young women 1st edition, Tehran ,Saz va Kar publication press
- 1997: Woman and Family Planning Family Health, journal of Family Planning Association, No:3(32-35)
- 1996-2001: member of Editorial committee of “ family Health Journal”
- 1996: The relationship between spouses occupation and Hyditidiform Mole,Pajouhandeh,journal of Shaheed Beheshti University of Medical Sciences and health Services,vol 12:4 (71-77)
- 1996: Health and gender analysis article in” women, men and programming for Development” workshop article magazine
- 1995: Planning and compilation of Prenatal Care diagram for first step health providers in P.H.C.
- 1995: Care of high risk pregnant mothers and neonate for first step health workers, Ministry of Health , UNICEF, National Committee for reducing Maternal and Neonatal Mortality( as a member of Technical Committee )
- 1995: providing the health of Mother and child – the mother’s heath basij (team work)
- 1995: Girl Childs, Behvarz ,journal of Medical University of Khorasan No:2 of 6<sup>th</sup> year(6-7)

- 1995: Pop Smear, Behvarz, journal of Medical University of Khorasan No:2 of 6<sup>th</sup> year(54-56)
- 1994: Marriage Guide (FPA-IRI) (a team work)
- 1994- Present: published many articles and interviews in different magazines and newspapers with the goal of spreading health information
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### **Public Lectures on Tapes, Videos, T.V. and Radio:**

- 2004: women's health( menopause)[ 50 minutes program TV]
- 2004: the importance of " Adolescents Health"( 50 minutes program TV 2nd channel)
- 2004: on the occasion of Physician Day( Radio Program) as Health Policy making council elected physician
- 2004: Women and Occupation (50 minutes program TV 1<sup>st</sup> channel)
- 2004: the effect of " Gender on Health" ( TV news channel)
- 2003: women's health priorities ( TV news channel)
- 2003 women's health( unwanted pregnancy)( 55 minutes program TV 2<sup>nd</sup> channel)
- 2003: women's education...( physician day on TV 2<sup>nd</sup> channel)
- 2003: Iranian abroad Jam e jam channel (4 T.V. programs on women's health)
- 2002: Health ,its dimensions and health issues of women(3 T.V. programs)
- 2002: Adolescence Health (10 T.V. programs)
- 2002: Family Health (1 T.V. program)
- 2002: Reproductive Health (Iranian abroad Jam e jam T.V. channel)
- 2002: Population control and Family planning (T.V. program in Population day )
- 2001: Family planning (several T.V. Programs)
- 1996: "After giving Birth" Tehran, voice and culture tape
- 1995: "Pregnant women" voice and culture tapes (as consultant)

- 1995: Continuous Education for General Practitioner on Population Control(Tehran)
- 1994: Mothers and Children Health, Rahmat, video series on Health, Ministry of Health and Medical Sciences
- 1994- Present: several Radio Interviews on the issues of Women's Health, Family Planning...
- 1993-present : Advocacy lectures and workshops for policy makers and managers of other sectors (Mass Media, Ministry of Education & Training, religious leaders...) on women's Health, Reproductive Health, Family Planning,.....

**Participation in different overseas meetings, Conferences Workshops in some cases as a member of Country delegation for example:**

- 2006: women's Health- International conference on women empowerment in Muslim context as speaker ( city university of Hong Kong)
- 2005: Common values between Islam and the west- International conference –as speaker (Pakistan)
- 2005: Monitoring and Evaluating workshop ( SAR-IPPF-Bhopal -India)
- 2004: “ Volunteerism and Millennium Development Goals (UN- Pakistan) (Lecture: **Improving Maternal Health**)
- 2004 : vision building workshop, many dreams, one vision- SARO-EPPF-INDIA
- 2004: London- Global Roundtable- ICPD+ 10
- 2004: Afghanistan- the workshop of “ Gender Analysis and Empowerment of women” for the managers of GOs and NGOs, **as lecturer and facilitator**
- 2003: Thailand- Sexual and Reproductive Health of youth( JOICEF & IPPF workshop) (**lecture: Youth Programs of FPA- Iran**)
- 2003: Belgium-Dialogue between civilization :women's empowerment conference workshop (**participation and negotiation in Public Health working group**)
- 2002: Tajikistan-Women's Role in Democratizing the Societies (**lecture on women and Health**)
- 2002: Thailand- 5<sup>th</sup> Assian and Pacific Population Conference (member of delegation)
- 2000: Pakistan-IPPF Regional Workshop on Male Involvement in Reproductive Health (**lecture on Male Participation in Family Planning**)

- 1999: South-South secretary tour visit (Bangladesh)
- 1996: Pakistan-43rd EMRO-WHO meeting (**amendatory recommendations in Adolescence Health chapter in the meeting draft**)
- 1996: Pakistan-ECO/UNFPA Conference on Quality of Reproductive Health and Family Planning Services(**presenting the National Report of Islamic Republic of IRAN**)
- 1994: Nepal-IPPF ,South Asia Regional Council Meeting (**lecture on Family Planning Activities in Islamic Republic of Iran**)
- 1994: Egypt-International Conference on Population and Development (ICPD) (**member of Iranian panel discussion in N.G.O.s forum**)
- 1993- present: IPPF Regional meetings and field visits as FPA IRI representative (**participation in negotiation in related issues**)
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### **Speeches in different local Congresses, Seminars, and workshops i.e.:**

- 2009 speech on “ Sex Education and Family Planning “ in Int. congress in Family Planning and innovative( Shahid Beheshti University M.C.)
- 2009 speech on “delivery and social aspects” in national congress of
- “ Family Health” ( Jahad Daneshgahi- Iran Medical University)
- 2008: speech on “ middle aged women’s social issues” in Assian congress of family health.( as lecturer and panel coordinator)
- 2007: speech on family and community support of women in menopause ages ( improving the quality life fo menopause women - Shahid Beheshti Medical university)
- 2006: reproduction in HIV positives
- 2006: speech on Women’s Health ( Iranian Association of Women’s Studies)
- 2005: different aspects of abortion( Ob& Gyn congress – Tehran)
- 2005: responsible for Panel and speech on “ Sexual Health of childhood, adolescence and youth”( Shaheed Beheshti University – Tehran)
- 2004: speech on “ the importance of premarriage counseling” ( the Governorship of Bandar Anzali and FPA – IRI seminar)
- 2004: “Access of women to Health” (Zarandieh – Ministry of Education- in service training course)
- 2004: speech on women and AIDs in women day (NGOs & UN -Tehran)
- 2003: speech on Health and abortion in 8<sup>th</sup> Ob& Gyn congress( Tehran)



- 2003: speech in girl child education seminar (Child Right NGO & Ministry of Interior - Zahedan)
- 2003: speech on Health,... for members of women NGOs
- 2003: Housewives law education course end session( Interior Ministry)
- 2003: presentation on Safe motherhood & Family planning for GPs in continuous education programme(Tehran)
- 2003: presentation on abortion in 8<sup>th</sup> Ob & Gyn international congress ( Tehran)
- 2003: panel presentation on society and family in Family challenges in 21st century(Tehran)
- 2003: Comprehensive Seminar on Abortion in Iran (Kerman shah)
- 2003: Reproductive Health for Ministry of Education ( Tehran)
- 2003: Technical meeting on women issues for central managerial officers in the Ministry of Education(Tehran)
- 2003 2<sup>nd</sup> session on assessing the educational guidance of Reproductive Health, for educational course of trainer of trainers( Tonekabon)
- 2003: Reproductive Health and Rights for scientific board of Pajoheshkade ebne Sina ( Tehran)
- 2002: Speech on Women's Health for Religious leaders and cities prayers (aemeh jomeh-Mazandaran province)
- 2002: workshop on "women' role in civil society " for Afghanis ( Mash had)
- 2002: Educational course on Reproductive Health for bureau of women in Internal Ministry(Tehran)
- 2002: Continuous education for General Practitioners( two speeches on Family planning& Reproductive Health) (kom province)
- 2002: Women's Human Rights Workshop for Women Participation Center (Tehran)
- 2002: Women's Human Rights Workshop for Ministry of Education(Tehran)
- 2002: Health and its dimensions for teachers of Ministry of Education ( Tehran)

- 2002: “ Health and Puberty” workshop for Executive officers to education of Human Rights to female students ( Ministry of Education-Tehran)
- 2002: workshop on women and Fegh h ( religious points) several sessions Tehran
- 2002: speech on Adolescents Health for parents ( Tehran)
- 2002: teaching class on Family Planning for family experts of Health Department of Ministry of Petroleum ( Tehran)
- 2001: organizing and leading the workshop on Health for health policymakers in broadcasting( TV Tehran)
- 2001: Continuous education for Obstetricians and Gynecologists(2 programs-Tehran)
- 2001: Seminar on “women’s Health” for Ministry of Education(Chahar mahal bakhtiari province)
- 2001: National scientific meeting of General practitioners(Tehran)
- 2001: Continuous Educational Course of Obstetricians and Gynecologists(Tehran)
- 2001: “Reproductive Health and right” workshop ( FPA – Golestan province)
- 2000: the changes of cultural views of women (the center of negotiation between civilizations)
- 2000: N.G.Os and Development panel discussion(2 days- Kurdistan province)
- 2000: Reproductive Health Researches seminar (Dizin – Tehran)
- 2001: Family Planning Association Networking workshop( Tehran)
- 2001: Women and Health panel discussion(Tehran)
- 1999: Reproductive Health workshop in the occasion of Population day ( Tehran)
- 1999: Reproductive Health seminar (Tehran- as the programmer, speaker and secretary of seminar)
- 1999: Revising the curricula of General Practitioners( Tabriz)
- 1999: Population and Family Planning Master Trainers Seminar( Tehran)
- 1999: Counseling and Family Planning(Kazvin Medical University)
- 1999: Continues Education of General Practioner ( kom province)

- 1999: Population and family Planning seminar(Tehran Medical University)
- 1998: workshop for Norplant implantation (practical and theoretical Teaching-Tehran)
- 1998: Population and Development Seminar (Tehran)
- 1998: Safe Motherhood seminar ( panel on improving quality of safe motherhood services)
- 1997: Reducing Maternal and Neonatal Mortality first Congress( Tehran)
- 1997: Obstetrics and Gynecology third Congress( Iran Medical university-Tehran)
- 1996: women, men and planning for development (Health )
- 1996: Study on Health of “Adolescent and young girls” Workshop(Ministry of Health-Tehran)
- 1996: participation in compilation of “women’s study course” and conducting its introducing seminar(Tehran)
- 1996: Obstetrics and Gynecology 5<sup>th</sup> Congress( Tehran Medical university)
- 1996: programming of workshops on Safe motherhood and as programmer, manager, speaker in the first workshop...
- 1996: workshop on Adolescence Health( for women’s N.G.Os-Tehran)
- 1996: N.G.Os and Reproductive Health(Tehran)
- 1996: Pop Smear refreshing seminar(Tehran)
- 1996: Safe motherhood national Workshop(Tehran)
- 1996: speech on the social aspects of family planning in population day ( FPA- IRI)
- 1996: Participation in compilation of modules for Vasectomy and mini laparotomy(Tehran)
- 1995: Training Course for Rural midwives trainers (kazvin)
- 1995: Training Course for Rural midwives trainers (kerman)
- 1995: Orientation Programme for volunteers and staff of FPA IRI(Tehran)
- 1995: Designing Educational Module for Male and Female Sterilization National workshop(Tehran)

- 1995: Reducing Maternal and Neonatal Mortality national Workshop(Mash had)
- 1995: Mobilization of Counseling on Mother's Health national workshop
- 1995: Obstetrics and Gynecology Refreshing Congress ( Family Planning Panel)(Tehran Medical university- Tehran)
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- 1994: participation in compilation of programming the teaching methods of rural midwives' educators
- 1994: Reducing Maternal and Neonatal Mortality workshop (technical and executive planner and organizer)
- 1994: "the ways to promote women's Health" workshop(Tehran)
- 1994: the Nutrition, Family Health and Family planning managerial meeting (Tehran)
- 1994: Obstetrics and Gynecology 2<sup>nd</sup> Refreshing Congress (Tehran Medical university- Tehran)
- 1994: Surgeons Association refreshing and Technical Congress( Tehran)

### **Participation in educational courses, seminars, workshops...**

- 2008 seminar on Women's Health and empowerment ( Tabris )
- 2008 workshop for presentation of research findings ( Health Volunteers and Female Behvarzes project)( Tehran)
- 2006: qualitative researches
- 2006: Identifying priorities of research workshop on Population, Reproductive Health and Gender as lecturer and facilitator on Gender(Ministry of Health- UNFPA- Tehran)
- 2005: Sexual Health of childhood, puberty and youth( Shahid beheshti university, Pajoheshkadeh ebne sina ..)
- 2005 Networking on Reproductive Health (Ministry of Health- UNFPA- Tehran)
- 2005: "How to prepare questions for evaluating the medical students? Workshop (Shaheed Beheshti University- Tehran)
- 2005 : " GDL workshop ( Shaheed Beheshti University- Tehran)
- 2004: "the history of Feminism" course (Tehran)
- 2003: workshop "convention on elimination of violence against women "

- 2003: how to use Internet data banks...in medical sciences researches
- 2003: how to prepare the medical articles in English
- 2003 how to write CV, letters and ...
- 2002: “Participatory approaches”(P.A.R) workshop(F.P.A- Ministry of Agriculture-Tehran)
- 2002: Evaluation of educational groups workshop(Tehran)
- 2002 Continuous Educational Course(Kom province)
- 2001: Sexual Health Workshop(Tehran)
- 2001: Continuous Educational Course of Gynecologists and Obstetricians(2 programs-Tehran)
- 2000: teaching class on Reproductive Health from the point of law for MPH course students( Tehran Medical Sciences University)
- 2002: class teaching (sequential ) on Reproductive Health for women affair bureau of Internal Ministry project ( Tehran)
- 1999: Population and Development seminar(Tehran)
- 1999: Continuous education of General Practitioners( kom )
- 1999: How to write and present Farsi Medical Articles( Shahid Beheshti University)
- 1998 Focus Group Discussion Workshop(F.P.A-Tehran)
- 1998: Population and Family Planning Master Trainer’s Educational Seminar (Tehran)
- 1998: Curricula programming workshop( Shahid Beheshti University-Tehran )
- 1998: How to prepare Educational Modules? (FPA- Ministry of Health)
- 1997: Neonatal Resuscitation workshop(Tehran)
- 1997: Reducing “ Maternal and Neonatal Mortality” first Congress(Tehran)
- 1997: Obstetrics and Gynecology third Congress( Iran Medical University-

Tehran)

- 1996: preparing and establishing the women study course and participation in conducting the course introducing seminar

- 1996: Complementary Course in Counseling(master trainer in Counseling-

Tehran)

- 1996: Pop Smear refreshing Seminar(Tehran)
- 1996: Obstetrics and Gynecology 5<sup>th</sup> Congress( Tehran Medical university)
- 1996: Participation in compilation of Educational Modules for Vasectomy and Minilaparotomy(Tehran)
- 1996: New Surgical contraceptive methods 2<sup>nd</sup> national workshop(Tehran)
- 1996: N.G.Os workshop( Booshehr)
- 1995: “Family planning counseling” national workshop(Booshehr)
- 1995: New Surgical Contraceptive Methods 2nd national workshop(Gilan)
- 1995: Mobilization of Counseling on Mother’s Health workshop(Tehran)
- 1995: Family Planning Counseling national Workshop(Tehran)
- 1995: providing the Modules on “Sterilization”( Tehran)
- 1995: Obstetrics and Gynecology 4<sup>th</sup> refreshing Congress(Tehran Medical university-Tehran)
- 1994: Obstetrics and Gynecology 3<sup>rd</sup> refreshing Congress( Tehran Medical university- Tehran)
- 1994: Mini laparotomy under local anesthesia(Tehran)
- 1994: Tubal ligation with laparoscopy under local anesthesia( Tehran)
- 1994: Population and Family Planning workshop( Tehran)
- 1994: Population and Family Planning refreshing seminar
- 1993: New methods of Contraception workshop(Tehran)
- 1993: First advanced operative Laparoscopy Workshop(Mirza Kouchek Khan Hospital-Tehran)

- 1993: the Norplant training (Indonesia)
- 1992: Research Methodology Workshop(Tehran)
- 1992: Computer for Physician(Tehran)
- 1991: Community Oriented Medical Education workshop ( COME)  
( Tehran)
- 1991: 1<sup>st</sup> Breastfeeding and rooming in Workshop(Tehran)
- ...