

Curriculum Vitae for Nastaran Keshavarz Mohammadi

Nationality: Iranian
Date of Birth: 1970/6/28
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Educational Background

2008: PhD of Health Promotion, University of Sydney, Australia
1997: Master of Health Education, Tehran Medical Sciences University , Iran
1993: Bachelor of Midwifery, Iran Medical Sciences University, Iran

Academic and professional Appointments

2011- Chief editor, International journal of health promoting settings and community: Systems approach, Yasug University for Medical Sciences
2010- Member, IUHPE global working group on healthy settings
2010-Editorial board member, Health promotion international journal
2009- Stream manager for IUHPE on line forum on” diversity and equity in health promotion capacity development”. <http://www.iuhpe.org/>
2009- 2011-Member, Danesh pagohee committee, Qazvin University of Medical Sciences
2009-present, reviewer, Health Education journal, UK
2008-present- Reviewer, Health Promotion International journal, Australia
2009- present-Reviewer, QUMS journal, Iran
2008- present- Honory research fellow, School of public health, The University of Sydney, Australia
2008- Assistant Professor, School of Public Health, Qazvin University of Medical Sciences, Iran
2008- Present: Director of Health Promotion Research Unit, School of Public Health, Qazvin University of Medical Sciences, Iran
2008- Head, Department of public health, Qazvin University of Medical Sciences, Iran
2008- Present: ISECN Global Secretary for Equity and Diversity
2008-Designer and Coordinator for International Public Health Course for MPH students, Qazvin University of Medical Sciences, Iran
2007-Temporary WHO Adviser, School Health Promotion
2007- WHO Research Assistant
2006- Academic Staff (part-time) at School of Public Health, University of Sydney
2006- Tutor of “Foundation of International Public health” for Master degree students of International Public Health
2004- 2008: Post graduate Representative for Research Training Sub-Committee, Faculty of Health Sciences, University of Sydney, Australia
2004- 2005 Postgraduate Representative for the School of Behavioural & Community Health Sciences, The University of Sydney.
2004- 2005 Research Assistance, School of Behavioural and Community Health Sciences, The University of Sydney
2004-2006 Web Maintenance Assistance, School of Behavioural and Community Health Science, Australia
1998 – Present: Faculty member, School of public health, Qazvin Medical Sciences University, Iran
1998 - 2002: Invited Lecturer , Qazvin International University, Iran
1998 - 2002 Invited Lecturer , Qazvin Payamenour University, Iran
1998 - 2002 Invited Lecturer , Qazvin Kar University, Iran

1996-1997: Volunteer Member and Translator for Department of Health Education, Ministry of Health, Iran
1997- 2003: Invited Speaker for state level workshops on health education and promotion for health workers and general practitioners

Research Experiences

Finished projects:

2009- Keshavarz, N. Situation analysis of community- based health promotion programs in Iran, commissioned by WHO office in Tehran
2009- Keshavarz, N. Developing the curriculum for the PhD degree of health promotion in Iran
2008. Keshavarz, N. Establishing the health promotion unit, School of public health, Qazvin Medical Sciences University
2008- Keshavarz, N ; Zarea, F. Exploring the share of developing countries³⁹ international health journals, funded by Qazvin University of Medical Sciences
2008- Keshavarz, N; Ragabi, M. Developing the content for health research web page of Iran for COHRED
2007- Keshavarz, N et al. School health in Iran, Commissioned work for WHO/HQ, Geneva, Switzerland
2004-2008- Keshavarz, N ; Nutbeam, D; Rowling, L' Khavarpour, F. Educational perspectives towards health promoting schools: A complex adaptive systems approach, PhD thesis , the university of Sydney, Australia
2003- Promoting educational and administration services for undergraduate students at School of public health, Qazvin University of Medical Sciences
2002 – Internal evaluation of family health department, Qazvin University of Medical Sciences
1997 – Knowledge, attitude and practice of high school girls towards Iron deficiency anaemia, Master thesis

In progress Projects:

2010- Improving educational and research information circulation, dissemination and utilisation in School of public health, Qazvin University of Medical Sciences
2010- Developing health promoting hospitals programs for educational hospitals in Qazvin
2010- Exploring evaluation process of field training for public health graduate students in Iran
2010- Evaluation of field training for graduate students of occupational health in all universities in Iran
2010- Evaluation of field training for graduate students of environmental health in all universities in Iran
2009- present . Keshavarz, N; Ragabi, M . Establishing the first Iranian health promotion journal

Supervised Thesis:

Postgraduate thesis

Zahedifar, F (2010) - Evaluation of field training for graduate students of public health in all universities in Iran, Iran University of Medical Sciences, Master thesis,
Museli, L (2009) - Situation analysis of essential surgical care in districts hospitals in Iran using the standard tool developed by WHO: A national survey. Master thesis
Yazdi, F (2009) - Needs assessment of elderly in urban health centres. MPH thesis
Shalviri, M .(2009)- people's satisfaction from Emergency health care services in Qazvin. MPH thesis

Under graduate thesis

Esmaeeli, M (2001) – Prevalence of “Low Weight Birth “in Qazvin hospitals

Professional Associations

2010- Member, IUHPE global working group on settings health promotion
2010- Member, international network for school health promotion
2009- Executive board member, Iranian health education and promotion association
2009- Chair of international affairs, Iranian health education and promotion association
2008- Present Global Secretary for Equity and Diversity, ISECN
2008-Coordinator-Equity and Diversity Working Group
2007- IUHPE Student and Early Career (ISCEN) contact person in Middle East
2007- Member of WHO’s Global School Health Steering Committee
2006 –present: Member of International Union of Health Promotion and Education (IUHPE)
2005- present: Registered Midwife in New South Wales, Australia
2001-2004: Representee of Qazvin Medical Science university in state “Women Council”, Iran
2003-2004: Member of Research Team for WHO Pilot Project “Intervention for decreasing heart diseases in Qazvin”, Iran
2003-present: Member of Iran Health Education Association
2003-2004: Member of board, Iran Health Education Association
1997-2004: Member of Education Development Centre (EDC) , Qazvin Medical Sciences University , Iran
2003-present, Member of Qazvin province committee for health education, Iran

Publications

Books:

2010- Keshavarz, N et al. Translation of Essential surgical care in district hospitals by WHO in Farsi, Mir publishing co, Tehran
(In press)- Essential surgical care in district hospitals, (translation), Mir publication
2010-Keshavarz, N.Complexity science, schools and health. Lambert Academic Publication, Germany
2009- Keshavarz, N. Translation of “Theory in a Nutshell by Don Nutbeam in farsi, Boshra Co, Tehran
2006- Keshavarz, N et al: Promoting health, knowledge and practice. Shahrab Publication Co. Tehran, Iran
2003-Keshavarz, N ; Hoseini, G: Health education, communications and educational technology for health workers. Dibagaran Publication Co. Tehran.
2003- Keshavarz, N: Family planning tests for public health students. Olumepooya Publication Co. Tehran. Iran
2002-Keshavarz, N: How to prevent iron deficiency Anaemia, A guide for girls. Shahrab Publication Co. Tehran., Iran
2002- Keshavarz, N; Gholchin,M: From birth to five years old, Shahrab Publication Co. Tehran, Iran
1996-Keshavarz, N; Mother and child health tests for undergraduate public health students, Golban
1995- Kazemi, H; Keshavarz, N; Family planning and consultation,1999, Cheragh Publication Co. Qazvin. Iran
1994- Keshavarz, N; History of family planing, Boshra Publication Co. Tehran. Publication Co. Tehran.

Papers:

- 2011- Mohebbi far,R;Keshavarz Mohammadi, N;Mohammadi,N;Mouseli,L. Situation analysis of districts hospitals of Iran, based on WHO developed tool.Iranian journal of Surgery; Vol.18.No.3
- 2010- Keshavarz Mohammadi; N; Fatemeh Zaree .Share of nations in 37 international public health journals: An equity and diversity perspective towards health research capacity building. Iranina journal of public health (under review)
- 2010- Keshavarz Mohammadi, N; Rowling, L; Nutbeam,D. Acknowledging Educational Perspectives on Health Promoting Schools. Health Education, Vol.110 .No 4.
- 2010-Keshavarz Mohammadi, N; Nutbeam,D; rowling, L; Khavarpour, F .Schools as social complex adaptive systems: A new way to understand the challenges of introducing the health promoting schools concept. *Social science and Medicine*;70(10):1467-74.
- 2010- Keshavarz Mohammadi, N; Nutbeam,D; Rowling, L. Social complex adaptive systems: a response to Haggies's commentary on the paper by Keshavarz Mohammadi ; Nutbeam; Rowling; and Khavarpour. *Social science and Medicine* . 70(10):
- 2009- Pakpour, AH; Yekaninejad, MS; Keshavarz,N; Molsted,S; Patti,F;Harrison,F ..Health-related quality of life in Iranian patients with multiple sclerosis: A cross-cultural study .*Neurologia i Neurochirurgia Polsko* ; 43(6): 517-526
- 2007-Keshavarz,N, Bakshalian, F, Akbari,M ;School health in Iran, In WHO report of technical meeting on school health promotion , Vancouver, Canada.
- 2006- Ziaeeha,M, Zahedifar, F; Keshavarz, N; et al ; Internal evaluation of Family Health Department in Qazvin medical sciences university. *The Journal of Medical Education & Development* , Qazvin
- 2005- Keshavarz , N; Huges,I; Khavarpour, F. Complexity Science: New Emerging Approach for health professionals , *Iranian Journal of Public Health, (Supplementary Issue)*:28-28.

Conference presentations and proceedings

Key note speech/Invited speaker:

- 2011- Keshavarz,N. Health promoting settings: a modern approach to health promotion.Iranian first international conference on health education and promotion.Tabriz.Iran
- 2011- Keshavarz,N.health promoting schools: International experiences.Iranian first international conference on health education and promotion.Tabriz.Iran
- 2010- Keshavarz,N. Community based health promotion programs in Iran, Invited speaker for planer on health promotion and human rights, IUHE conference, Geneva, Switzerland
- 2010- Keshavarz, N. Evidence-based policy making. First national conference on urban health, Tehran
- 2009- Keshavarz, N. Community based health promotion conference. Yasuj, Iran
- 2008-Keshavarz, N. Third millennium , health promoters and responsibilities, Health promoters - Key note speech, The third Iranian Health Promotion and Education Congress, Hamadan, Iran. It has also been published in conference proceedings.
- 2008- Keshavarz, N . Life style interventions for healthy eating and physical activity,Invited speaker, National Conference on Nutrition, Physical Activity and Lifestyle, Qazvin, Iran.
- 2008- Keshavarz, N. Midwifery and international health , Key note speaker for national midwifery conference, Tarbiat Modarres University, Tehran
- 2008- Keshavarz, N. Health promoting workplace; WHO approach, invited speaker for Health, Safety and Education Conference of HSE, Qazvin, Iran
- 2007-Keshavarz, N. School health programs in Iran, /challenges and opportunities. Invited speakers , WHO technical meeting, Vancouver, Canada Presentations:

Oral presentations:

2010-Keshavarz,N; Nutbeam,D; Rowling,L. Health promoting settings as complex adaptive systems: An introduction to complexity science for health professionals. 20th world health promotion conference, Geneva, Switzerland

2007- Keshavarz, N Nutbeam,D; Rowling,L; Khavarpour, F.Complex Adaptive approach to school: A new conceptualisation of health promoting school, 19th World health promotion conference on health promotion, Canada.

2007- Diversity in Perceptions about Health Promoting School: Does it matter? Oral presentation in IUHPE conference on health promotion, Canada.

2006-Keshavarz, N et al. Can complexity theory shed light on our understanding about school health promotion? The 6th International conference on Complex Systems Research, Boston, 2006- U.S.A .

Keshavarz, N et al. New emerging perspectives on health promotion accepted for oral presentation, 11th world congress on public health, Brazil.

2006-Keshavarz, N et al. Empowering School community for health promotion in Schools: Let's hear their voice, oral presentation in 37th PHAA Annual Conference, Sydney, Australia It was also published in conference proceedings.

2006-Keshavarz, N. Iranian girls health literacy, oral presentation in International Congress on Women health, University of western Sydney, Australia It was also published in conference proceedings.

2005-Keshavarz, N et al. Complexity science: New emerging approach for Health professionals accepted for oral presentation in the 13th Multi-disciplinary Iranian researchers Conference in Europe, U.K.

2001-Keshavarz, N et al. Nutrition statue of high school girls in Qazvin. First congress of health education and promotion, Tehran, Iran.

1998- Keshavarz, N et al.Knowledge, attitude and practice of high school girl towards iron Deficiency Anaemia , 5th Nutrition Congress, Tehran, Iran.

Poster presentation:

2011- A new medical education system: co-ordinated , equity and need based education. 12th education national conference of medical education :Mashahd, Iran

2011-A review of 90 health promotion curriculum in universities. 12th education

2010- Share of different -national conference of medical education :Mashahd, Iran nations in editorial board of nternational public health journal: An equity and diversity perspective, 20th world health promotion conference, Geneva, Switzerland

2008- Keshavarz, N et al.Health systems as complex adaptive systems, Geneva Health Forum, Geneva, Switzerland. It has also been published in conference proceedings.

Teaching Experiences

Courses:

2011- Health promotion planning. PhD course. School of public health.Shahid Beheshti University for Medical Sciences.Iran

2011- International health. MPH course. School of public health.Shahid Beheshti University for Medical Sciences. Iran

2011- Reproductive health and Mother and child health courses. Graduate courses. School of public health.Shahid Beheshti University for Medical Sciences. Iran

1997-2011 –Teaching in school of public health, school of medicine and school of dentistry, Qazvin university of Medical Sciences at undergraduate and graduate levels

Taught courses: International health, health promotion and education (MPH), mother and child health, school health, reproductive health, health systems, English 1 &2, community oriented dentistry, community-oriented medicine
2008- Curriculum development for International public health course for MPH students
2008- Health promotion course for MPH students, Qazvin Medical Sciences University
2006-Tutor for Master of International Public Health, School of Public health, University of Sydney, Australia
1996-2004 Teaching at different universities in Iran for undergraduate students, medical students in following subjects: Health Education, Educational Technology, Reproductive Health, Mother and Child Health, School Health, Elderly Health, Family Planning, Immunization, Public Health

Workshops:

2010- New teaching methods for lecturers, EDO, school of public health, Qazvin University of medical sciences
2010- Development of course plan and lesson plan school of public health, Qazvin University of medical sciences
2010- Research methodology, school of public health, Qazvin University of medical sciences
2009- How to submit a paper to an English journal, School of Nursing and Midwifery, Qazvin University of medical sciences
2009- Modern research in health promotion, Yasooj university of Medical Sciences
2009- Modern concepts of health promotion, A national workshop - Qazvin university of medical sciences
1997-2004 -Prevention of drug abuse, Methods of health education planning, Prevention of iron deficiency. anaemia for health professionals and general practitioneres

Professional Development and Training

In Australia:

2006- Foundation of international public health (6 credit subjects for Master of International Public Health, without enrolment) at university of Sydney
2006- International Health Promotion (6 credits subjects for Master of international Public health, without enrolment) at University of Sydney
2006- Management of International Public Health Projects (4 credits subjects for Master of International Public Health, without enrolment) at University of Sydney
2005- Qualitative Research Workshop, University of Sydney
2004- International Workshop on "Action Research in Health", University of Sydney
2005- Staff development training: WebCt
2004- Staff Development training: FrontPage, University of Sydney

In Iran:

2008- Equaity and Social determinants of health workshop, run by WHO, Tehran, Iran
2001- Staff development training: Educational Strategies and Methods, Tehran Medical University
1999 - Staff development training: Research Methodology (basic), Qazvin Medical Sciences University
1999 – Staff development training: Teaching Methods, Primary & Advanced, Qazvin medical Sciences University
1998 - Staff development training: Health Education Models in Behavioural change. Tarbiat Modarres University, Tehran.
1996 – Staff development training: Health Education Planning, Beheshti Medical Sciences University

1997 - Staff development training: Implication of Computer in Information system, Tehran Medical Sciences University (TMSU)

Awards & Honours

2010-Best lecturer of the year in Qazvin University of Medical Sciences, school of public health

2010- Full scholarship to attend as an expert in reproductive health in Women Deliver Conference, USA (Fully sponsored)

2009-Best Lecturer of the year in Qazvin University of Medical Sciences, school of public health

2009- Being invited as an expert in health promotion to attend conference, the WHO global health promotion conference invitation-based only meeting), Kenya

2007- Being invited (Fully sponsored by WHO) to WHO technical meeting on school health in Canada

2004- Ministry of Health's full PhD Scholarship in Australia

1996- First Rank graduated in Master of Health Education, Tehran University

1991- Best paper presented at first scientific congress of Iranian medical sciences students, Iran

Research Interests

Complexity theories, International Health, Health Promotion theory, practice, research and evaluation particularly concerned with School Health, Women and Child Health, Public Policy, Evidence-informed policy making, community health promotion, health literacy, empowerment, settings health promotion,